

▶ **SESSION II:
LIFESTYLE INTERVENTIONS
TO PREVENT OR DELAY DEMENTIA**

13:00 – 13:20	The potential of physical interventions for cognitively impaired older adults <i>Professor Klaus Hauer, Bethanien-Krankenhaus Heidelberg, Germany</i>
13:20 – 13:40	The FINGER trial: A multi-domain intervention to prevent or postpone dementia <i>Dr Shireen Sindi, Aging Research Center, Karolinska Institutet and Stockholm University, Sweden</i>
13:40 – 14:00	Potentials and limits of dementia prevention <i>Professor Konrad Beyreuther, Heidelberg University, Germany</i>
14:00 – 14:30	PANEL DISCUSSION <i>Klaus Hauer, Shireen Sindi, Konrad Beyreuther</i>
14:30 – 15:00	BREAK (TEA & COFFEE)
▶ BREAKOUT SESSION TO DEVELOP COLLABORATIONS AND WORKING GROUPS	
15:00 – 15:10	OVERVIEW AND AIMS OF BREAKOUT SESSIONS <i>Dr Elżbieta Kuźma & Dr Markus Wettstein</i>
15:10 – 16:20	SMALL GROUP DISCUSSIONS: COLLABORATIONS, WORKING GROUPS, NEW RESEARCH QUESTIONS AND FUNDABLE IDEAS
16:20 – 16:50	FEEDBACK FROM BREAKOUT SESSIONS
16:50 – 17:00	CLOSING REMARKS & FAREWELL <i>Dr Elżbieta Kuźma & Dr Markus Wettstein</i>

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**Klaus-Georg und
Sigrid Hengstberger Stiftung**

HENGSTBERGER SYMPOSIUM

**Opportunities and Challenges
in Cognitive Aging:
New Interdisciplinary Perspectives**

January 12 – 13, 2016

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Tuesday, 12th January, 2016

8:30 – 9:00	REGISTRATION
9:00 – 09:30	WELCOME <i>Dr Elżbieta Kuźma, University of Exeter, United Kingdom & Dr Markus Wettstein, Heidelberg University, Germany</i> <i>Dr Klaus-Georg Hengstberger</i> <i>Professor Hans-Werner Wahl, Heidelberg University, Germany</i>
▶	SESSION I: SETTING THE STAGE – COGNITIVE AGING TODAY AND TOMORROW
09:30 – 09:50	Cognitive plasticity – What’s the latest? <i>Dr Yvonne Brehmer, Max Planck Institute for Human Development Berlin, Germany and Aging Research Center, Karolinska Institutet and Stockholm University, Sweden</i>
09:50 – 10:10	Terminal decline in cognitive functioning and other domains: A cohort-specific phenomenon? <i>Professor Denis Gerstorf, Humboldt University of Berlin, Germany</i>
10:10 – 10:30	Dementia epidemic: a review of evidence from Germany and around the world <i>Professor Johannes Schröder, Heidelberg University, Germany</i>
10:30 – 11:00	PANEL DISCUSSION <i>Yvonne Brehmer, Denis Gerstorf, Johannes Schröder</i>
11:00 – 11:30	BREAK (TEA & COFFEE)
11:30 – 12:15	KEYNOTE SESSION: USE IT OR LOSE IT – A PATHWAY TO SUCCESSFUL COGNITIVE AGING? <i>Professor Christopher Hertzog, Georgia Institute of Technology, United States</i>
12:15 – 12:30	Q&A SESSION
12:30 – 13:15	POSTER SESSION
13:15 – 14:00	LUNCH
▶	SESSION II: THE NEED FOR NEW SYSTEMIC VIEWS ON COGNITIVE AGING
14:00 – 14:20	Interplay of sensorimotor and cognitive aging: Still a major issue? <i>Professor Sabine Schäfer, University of Leipzig, Germany</i>

14:20 – 14:40	Intraindividual cognitive variability and long-term cognitive change: A meaningful relationship? <i>Dr Allison Bielak, Colorado State University, United States</i>
14:40 – 15:00	Higher-order cognitive processes: What do we know about the aging decision-maker? <i>Professor Rui Mata, University of Basel, Switzerland</i>
15:00 – 15:30	PANEL DISCUSSION <i>Sabine Schäfer, Allison Bielak, Rui Mata</i>
15:30 – 16:00	BREAK (TEA & COFFEE)
16:00 – 17:00	WORKSHOP: NEW CHALLENGES AND DEVELOPMENTS IN MODELLING COGNITIVE CHANGE <i>Professor Paolo Ghisletta, University of Geneva, Switzerland</i>
17:00 – 18:00	NETWORKING EVENT, DRINKS RECEPTION & POSTER PRIZE ANNOUNCEMENT

Wednesday, 13th January, 2016

8:45 – 9:00	REGISTRATION
▶	SESSION I: COMORBID CONDITIONS AND CLINICAL RISK FACTORS FOR DEMENTIA
9:00 – 9:20	Depression and dementia: a risk factor or prodromal symptom? <i>Dr Sebastian Köhler, Maastricht University, The Netherlands</i>
9:20 – 9:40	Metabolic and endocrine risk factors <i>Dr David Llewellyn, University of Exeter, United Kingdom</i>
9:40 – 10:00	What is good for the heart is good for the brain? Vascular risk factors <i>Dr Elżbieta Kuźma, University of Exeter, United Kingdom</i>
10:00 – 10:30	PANEL DISCUSSION <i>Sebastian Köhler, David Llewellyn, Elżbieta Kuźma</i>
10:30 – 11:00	BREAK (TEA & COFFEE)
11:00 – 11:45	KEYNOTE SESSION: PROMOTING COGNITIVE HEALTH AND INDEPENDENCE IN OLDER ADULTS: FINDINGS FROM THE ACTIVE INTERVENTION TRIAL <i>Professor Sherry Willis, University of Washington, United States</i>
11:45 – 12:00	Q&A SESSION
12:15 – 13:00	LUNCH